



ADELAIDE SAILING CLUB

Sailing Instructions 2025 - 2026

The notation [DP] in a Rule in the SI means that the penalty for a breach of that rule may, at the discretion of the Protest Committee be less than a disqualification.

1. RULES

Racing shall be governed by the rules as defined in the Racing Rules of Sailing.

2. ELIGIBILITY and ENTRY

- 2.1 Competitors shall be financial members in a membership category with sailing rights for any ASC races.
- 2.2 A non financial competitor may join as a Sail Pass member for the day by completing the Sail pass requirements at www.adelaidesailingclub.com.au
- 2.3 Visiting boats shall nominate on the sheet provided and pay a fee of \$25 per senior boat, \$10 per junior boat.
- 2.4 Visiting boats and non financial helms are not eligible for points in Club Championship or Club Event scoring.
- 2.5 A substitute crew may join as a Sail Pass member for the day by completing the Sail pass requirements at www.adelaidesailingclub.com.au
- 2.6 Boats shall sign on / sign off for each racing session.
- 2.7 Boats racing with a different crew or sail number shall indicate this at nomination.
- 2.8 Competitors shall be at least 7 years of age on 1st October 2025 to be eligible to compete in club racing.
- 2.9 On Sundays, ASC boats entry fee for State Heats shall be the same as visiting boats

3. CHANGE TO SAILING INSTRUCTIONS

Any changes to the Sailing Instructions shall be posted on the Notice Board at least 60 minutes prior to the warning signal for the first race it will affect.

4. COMMUNICATIONS WITH COMPETITORS

Notices to competitors will be posted on the official notice board located on the lower level next to the Canteen.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore shall be displayed on the flag pole(s) adjacent to the northern end of the balcony.
- 5.2 The warning signal shall be made not less than 15 minutes after the AP is lowered. This changes RRS "Race Signals".

6 SCHEDULE OF RACES

- 6.1 The schedule of races as published on the Adelaide Sailing Club web site is a part of these Sailing Instructions.
- 6.2 Any changes will be indicated as per Sailing Instruction 4.

7 CLASS/DIVISION FLAGS

Class/division flags shall be displayed on the Notice Board not less than 30 minutes before the warning signal.

8 COURSE & COURSE SIGNALS

The courses and course signals will be displayed on the Notice Board not less than 30 minutes before the warning signal. More than 1 course option may be displayed. If so, the course option to be sailed will be displayed on the start boat with the preparatory signal.

9. MARKS

The description of the marks shall be displayed on the Notice Board not less than 30 minutes before the warning signal.

10. THE START

- 10.1 Races shall be started using RRS 26 with the warning signal given 5 minutes before the starting signal.

- 10.2 The start line will be between a staff displaying an orange flag on the race committee boat and a buoy displaying an orange flag.
- 10.3 The time of start for the first race for all classes/divisions shall be displayed on the Notice Board not less than 30 minutes before the warning signal.

11. GENERAL RECALL

- 11.1 When a general recall is signalled the recalled class/division shall then accept a later start as designated by the display of its class flag.
- 11.2 The general recall flag shall remain displayed for approximately 4 minutes after the starting signal. This changes RRS 29.2.

12. THE FINISH

The finish line will be between a staff on the race committee boat displaying a blue flag and a buoy displaying a blue flag.

13. TIME LIMIT

- 13.1 The time limit for each class/division shall be 150 minutes.
- 13.2 Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored DNF. This changes RRS 35 and A4.
- 13.3 When approximately half of the boats in a race have rounded the last mark, the Race Committee may, at its absolute discretion, award points to boats still on the course. Boats who are informed of this decision shall immediately follow the directions of the race committee. This changes rule 28.1, 35 and A4.

14. SIGN ON / SIGN OFF [DP]

- 14.1 All competitors are required to sign on prior to racing and sign off within 30 minutes of finishing.
- 14.2 A boat that entered and does not start (DNS), or fails to finish the course (RET), or retires after finishing (RAF) shall sign off and fill in the retirement sheet within 30 minutes of the finish of the last boat in the last race on the day.
- 14.3 Boats shall be penalised 2 points for the first race of the day for failing to sign on and 2 points for the last race of the day for failing to sign off.

15. Hearings

- 15.1 Protests shall be in writing and lodged with the Race Committee within 60 minutes of the finishing time of the last boat in the last race on the day.
- 15.2 Protests will be held the following Friday evening unless otherwise notified.

16. PENALTIES

- 16.1 Rule 44.2 (Two-Turn Penalty) is replaced by one turn Penalty, including one tack and one gybe. When a boat takes the penalty at or near the finish line, she shall sail completely to the course side of the line before finishing.

17. SCORING

- 17.1 Points will be awarded to a boat helm combination
- 17.2 Appendix A4 Low Point System shall be used for each class/division, with the following variations.
- 17.3 Appendix A5.3 shall apply.
- 17.4 For Club Championship there shall be a minimum of 3 eligible boats starting in at least 5 races to constitute a series.
- 17.4 Discards for Club Championship points and Club events points shall be allocated as follows:-
 - 5 races – no discard
 - 6 to 7 races - 1 discard
 - 8 to 10 races - 2 discards
 - 11 to 14 races – 3 discards
 - 15 or more races – 4 discards
- 17.5 Results for multi class divisions shall be calculated on corrected time using the Australian Sailing yardstick. The Race Committee may modify the yardsticks where necessary for individual classes.

18. PRIZES

- 18.1 Prizes may be awarded to each class/division as follows:
 - 3 - 6 starters – fastest

7 - 9 starters –fastest and 2nd

10 or more starters – fastest 2nd and 3rd

18.2 Prizes for classes/divisions may be awarded on aggregate for all races completed on the day.

18.3 Other prizes may be awarded by the Race Committee.

19. SAFETY

19.1 Penalties for breaches of rule 41 (Outside Help) shall be at the discretion of the Race Committee. Any outside help shall be reported to the Race Officer before the end of protest time of the day concerned.

Explanation:

A crew that is recovered from the water by another boat (racing or not) does not break rule 41 provided the crew's boat is in the same area as the recovery when they are reunited. Receiving help to right a capsize or having made progress in the race when a recovered crew is reunited with their boat does break rule 41.

Any occurrence of help must be reported to the Race Officer on the required form. The sailing instructions provide that the penalty is at the discretion of the Race Officer and / or protest panel. If the Race Officer deems a penalty may be appropriate, he / she will refer it to the protest panel. There will be no penalties for actions based solely on safety.

19.2 All competitors shall wear approved Personal Flotation Device (PFD) whilst afloat.

20. COACHING

Coaches appointed by GreenFleet or Sailing School may be on the course area, acting under the authority of Race Management. Boats receiving help from these nominated coaches are exempted from RRS 41. This varies RRS 41.

21. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 3, Decision of Race. The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

22. INSURANCE

22.1 Each participating boat shall be insured with valid third-party liability insurance of not less than AUD \$5,000,000 (recommended AUD \$10,000,000) or equivalent thereof. The Adelaide Sailing Club Race Management Committee reserves the right to view currency of insurance.

14/10/2025